

# HC Instructional Field Hockey League



This instructional league utilizes varsity level coaches from local high schools in a format that blends 11 v 11 game playing with learning the skills and strategies of this fast moving sport. Program is perfect for both advanced beginner and prospective players. Coaches are fully prepared to meet the participants' needs offering outstanding instruction and positive encouragement. Field Hockey emphasizes teamwork and physical condition—and it's fun! So parents, if you are looking for an opportunity for your child to get a taste of this popular sport, improve physical condition and experience teamwork—this is it!

- ◇ Mouth guard, stick and shin guards are required.
- ◇ Athletes are expected to bring water (sport bottles please).
- ◇ **Grades 5-8 / 6 weeks / \$87.** Play and practice Wed. 5:30pm—6:30pm
- ◇ Sunday afternoon games (times TBA). Program begins Sept. 16.
- ◇ Location: Dayton Oaks Elementary School

## FOR MORE INFORMATION:

**Susan Markovitz**

410-313-4674

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**Howard County**  
RECREATION & PARKS



**To register,** mail the completed registration form with payment to attn: Registration, Howard County Dept of Recreation and Parks, 7120 Oakland Mills Road, Columbia, MD 21046-1677. Make check payable to the Director of Finance, Howard County. The finance office will add a \$35 charge for any returned check. Credit card users may register by FAX (410-313-4660), phone (410-313-7275), Mon.-Fri., 8:00am-4:30pm or Internet [www.howardcountymd.gov/RAP](http://www.howardcountymd.gov/RAP).

## Registration Form: HC Instructional Field Hockey League Fall 2009 - Course Number 5260.501

Name of Registrant	Date of Birth	Male <input type="checkbox"/> Female <input type="checkbox"/>	Fee Enclosed
Home Phone	Cell Phone	Work Phone	Email address
Street Address		City/State	Zip
Health problems		Special Accommodations needed	

I agree to abide by all Rules and Regulations of the Howard County Dept. of Recreation and Parks. I agree to hold Howard County, it's employees, officials and agents harmless from any and all claims for damages unless due to the sole negligence of the County, it's employees or agents.

**Credit Card Payment:**  MasterCard or  Visa Card # \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Exp. \_\_\_\_/\_\_\_\_

Signature of cardholder \_\_\_\_\_ Date \_\_\_\_\_ Print Name \_\_\_\_\_