

HC Field Hockey

Summer Instructional Program

Continue Your Skills Over the Summer !

This instructional program utilizes varsity-level coaches and players from local high schools in a form that blends 7 v 7 game playing with learning the skills and strategies of this fast-moving sport. Program is perfect for both advanced beginner and prospective players. Coaches are fully prepared to meet the participants' needs, offering outstanding instruction and positive encouragement. Field hockey emphasizes teamwork and physical condition—and it's fun! So parents, if you are looking for an opportunity for your child to get a taste of this popular sport, improve physical condition and experience team work—this is it!

What to Bring:

- Mouth guard
- Stick
- Shin guards
- Water (sport bottles please)

To Register:

PHONE - Call 410-313-7275, M-F 8am-4:30pm

ONLINE - Visit www.howardcountymd.gov

MAIL/IN PERSON - 7120 Oakland Mills Road
Columbia, MD 21046

• Program Details:

- Course 6261.801
- Grades: 5-10
- Start date: June 15, 2010
- Duration: 6 weeks
- 5:30-6:45pm Tuesdays
- Location: Cedar Lane Park West Synthetic Turf Field
- Fee: \$87



Howard County
RECREATION & PARKS

For More Information:

Susan Markovitz

410-313-4674

samarkovitz@howardcountymd.gov