



Adult Sport League Standard Rules for all Adult Sport Leagues

Player Eligibility

1. Rosters are to be submitted on the official roster form. Each Player's full name, signature, age, address and phone number(s) must appear on this form. Players listed without signature and age are ineligible.
2. Any team using an ineligible player shall automatically forfeit each game in which the player participated. If a team uses a suspended player or a player under an assumed name, that team shall automatically be dropped from the League without refund and or be subject to disciplinary actions as deemed necessary by the Department. Each game played with that player and all scheduled games not played shall be forfeited to the opponents.
3. Protests as to the use of an ineligible player must be made within 48 hours of game time and no protest fee is required. The protest must be submitted in writing to the Department.

DISCIPLINARY ACTION

1. A player, coach or manager who is ejected from a game by an official shall be suspended from any participation for at least 1 game (not including the game from which he/she was ejected). Any further ejection during the current season shall be dealt with more severely by the League Director.
2. All ejections and suspensions are taken without the possibility of a refund.
3. Anyone who strikes, shoves, pushes, bumps or otherwise physically or verbally threatens an official, a member of his/her team or any other team or spectator shall automatically be suspended from all Department sponsored activities for at least 1 year from the date of the incident.
4. The use of vulgar or profane language may result in the ejection of that player from the game.
5. The team manager is responsible for the conduct of their team and spectators.
6. A team member and or spectator may be removed from the immediate field area when deemed necessary by the game official or HCRP staff. Failure to leave the area when requested may result in immediate forfeiture of the game.
7. The Howard County Employee Manual requires the Department to take action against anyone who harasses any Department of Recreation and Parks staff.
8. Substance abuse by player personnel during the game shall be subject to ejection by game officials and/or disciplinary action to be taken by the League Director.
9. Any player, coach or manager suspended from play from another program or jurisdiction shall also be suspended from participation in any program operated by the Howard County Department of Recreation and Parks.
10. Individual player disciplinary protest must be made in writing to the league director within 48 hours of the disciplinary action. Individual player protests can only be received through the team manager. All team or individual disciplinary actions are communicated to the team manager. It is the team managers' responsibility to notify their team/player of disciplinary action taken by the department.

Miscellaneous

1. ALCOHOLIC BEVERAGES ARE PROHIBITED IN THE PARKS. Action will be taken against any individual or team in violation of this policy.
2. No smoking or the use of tobacco products is allowed on the playing field or bench area.
3. A player who is bleeding or who has blood on his/her uniform shall be prohibited from participating further in the game until appropriate treatment can be administered. An athlete shall not continue competition unless the bleeding is controlled and the wound covered.

Forfeit Policy

1. Teams who forfeit a game will be required to pay the officials fee for that game. The fee will be based on the per game fee the game officials are paid. If a team forfeits 2 games (doubleheaders for adult softball) they may be dropped from the league without refund. Teams who participate in a league where a forfeit bond is required must repay the forfeit bond before there next scheduled game.

HOWARD COUNTY DEPARTMENT OF RECREATION AND PARKS
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2005 BASKETBALL LEAGUE RULES

I. PLAYER ELIGIBILITY

- All players must be 18 years of age.
- A team may not play in more than one division. Players may be on the roster of only one team per night.
- Each team shall be limited to twelve (12) players on its official roster.
- The team manager must submit to the Department Sports Office before the first game of the season a roster of all of the players on his/her team. Rosters must be delivered to the address above or faxed to 410-313-4646. Failure to turn in a roster before the first game will result in forfeiture of every game until the roster is on file with the League. Officials will not be assigned to any game in which a team does not have a roster on file with the League Office.
- Any team using an ineligible player shall automatically forfeit each game in which the player participated. If a team uses **a suspended player** or a player under an assumed name, that team shall automatically be dropped from the League. Each game played with that player and all scheduled games not played shall be forfeited to the opponents. Players should carry photo identification to each game and shall produce identification upon request to the scorekeeper.
- Protests as to the use of an ineligible player must be submitted in writing to the Department within 48 hours of the game and no protest fee is required.
- Any team which forfeits games on two occasions may be dropped from the League.

II. PLAYING RULES

- All games will consist of two (2) 20minute running halves with a five (5) minute break between halves. Overtime period(s) shall be three (3) minutes.
- The clock will stop when an official signals:
 - a. Unusual delay in getting a dead ball alive
 - b. Time out for injury
 - c. Any technical foul**
- There will be four (4) one minute time outs that can be used any time during the game. **(Teams will be given one additional time out to start the overtime).**
- The clock will be stopped for fouls, jump balls, and violations during the final two minutes of each half, and during the final minute of each overtime period.
- Game time is forfeiture time.
- **A TEAM MAY START THE GAME WITH 4 PLAYERS. NO GRACE PERIOD.**
- **Players may enter the lane on the release of the ball when foul shouts are attempted.**
- NO DUNKING or grabbing the rim is allowed at any time. If it occurs during a game, the goal will not count, a technical foul will be assessed and the player will be ejected from the game. A technical foul will be assessed and the player will be ejected if it occurs any time before the game or during intermission. If it occurs after the game, that player will be ejected from the next game.
- Before competing, an athlete must cover any open wound on his/her body. If an athlete begins to bleed during competition, play must be stopped, the athlete who is injured removed, and any potentially contaminated surfaces must be cleaned.

An athlete who is removed from a contest due to bleeding must have his/her bleeding stopped and any wound covered before he/she is allowed to return to competition. If his/her bleeding resumes, the contest must be stopped again and any potentially contaminated surfaces cleaned. It is up to the discretion of the official in charge of the competition as to how many times the competition should be stopped due to an athlete's bleeding before that athlete is disqualified from further participation in that contest.

- The Manager/Coach will be ejected from the game upon receiving three technical fouls for a combination of playing technical fouls and/or bench/administrative technical fouls. **OR**, The Manager/Coach will be ejected from the game upon receiving two playing technical fouls.
- Unless modified by this set of rules, all games of the League shall be played in accordance with the current National Federation Rules.

III. DISCIPLINARY ACTION

- A player, coach or manager who is ejected from a game by an official shall be suspended for at least one (1) game beyond the game he/she was ejected from. A second ejection during the same season shall result in an automatic suspension from any Department sponsored activity for a period of at least one year from the date of the second incident.
- Anyone who strikes, shoves, pushes, bumps, trips, or otherwise molests, harasses or threatens an official or a member of his/her team or any other team shall be suspended for at least one (1) year from the date of the incident.
- Any un-sportsman like conduct may result in barring the player(s) or the team from further participation in the League.
- s The Howard County employee's manual requires the department to take action against anyone who harasses any Department of Recreation and Parks staff.
- s Substance abuse by player personnel during the game shall be subject to ejection by game officials/or disciplinary action taken by the league director.
- s Any player, coach or manager suspended from play from another program or jurisdiction shall also be suspended from participation in any program operated by the Howard County Department of Recreation and Parks.

IV. MISCELLANEOUS

- Awards shall be as follows:
 - League Champion - 1 team trophy
 - League Runner-up - 1 team trophy
 - Playoff Champion - 12 individual awards and one team trophy
 - Playoff Runner-up - 12 individual awards and one team trophy
- The franchise fee shall be the amount to cover all officials' fees, facility rental, scorers, League equipment, printing, postage, and administrative costs.
- **Inclement Weather Policy** - If a snow emergency is declared in Howard County at 7:00am on weekends, all games for that day are canceled. If schools close early or are closed for the day, all games for that evening are canceled. If in doubt whether a snow emergency is in effect, call the Recreation Department recorded message from any touch-tone phone at 410-313-4451.
- Post Season Tournaments - All teams are eligible. Teams will be seeded in the single elimination tournament according to team record.
- Uniforms - Each player must dress in the same color shirt with at least a 5" number on the back. **A one shot technical foul will be issued at the beginning for any uniform violation.**
- No excessive jewelry shall be worn during the game (example: watches and chains).

VI. RULES FOR HOWARD COUNTY SCHOOLS

- No street shoes on the basketball court.
- No food or drink is allowed in the gym or surrounding areas.
- No smoking inside the school.
- Children will be permitted in the gym only when accompanied by an adult.
- Disobeying any school regulations will result in expulsions from the League.