

# ULTIMATE ADVENTURE

## Camp Description:

### Ultimate Adventure

11-13 yrs / 4 days, start dates below / \$259

Experience the excitement of Maryland's great outdoors while building personal relationships and leadership ability. Learn team building and problem-solving skills during a variety of adventure-centered activities. Learn basic canoeing skills; go swimming at Roger Carter Rec. Ctr. Pool; go swift river tubing on a Maryland river; camp out Wednesday night at Little Bennett Regional Park in Montgomery County; rock climb outdoors and challenge yourself on a high elements ropes course. Schedule is subject to change – camp is held rain or shine. Fee includes bus or van transportation, supervision and activities.

### Centennial Pk South -Overflow Parking Lot

RP9745.801            Jul 5            9am-5pm    M-Th (overnight W)

RP9745.802            Jul 19           9am-5pm    M-Th (overnight W)

RP9745.803            Jul 26           9am-5pm    M-Th (overnight W)

## Before Camp Care:

*NEW this year – BEFORE CAMP CARE!* Campers signed up for Adventure Camps meeting the weeks of June 28 and July 26 at Centennial Park South will be able to sign up for supervised Before Camp Care from 7-9am for an additional charge. Call Dawn Thomas at 410-313-4623 for details, fees and any additional information.

## Camp Prerequisites:

- Must be able to pass a basic swimming test.

## What to Bring:

Eat a quality breakfast each morning. Please bring a small daypack with a full non-leaking water bottle and a non-perishable lunch. Please do not bring any food items that contain any peanut or nut products (other children may be allergic). Dinner on Wednesday, and breakfast and lunch on Thursday will be provided. Campers may want to bring money for an early afternoon snack / ice cream on Wednesday. **No Cell**

**Phones or Electronics Allowed in Camp!** The Camp director will have a camp cell phone available for all emergencies.

The recommended attire for the camp is a T-shirt, shorts, socks and sturdy lace-up shoes. In addition, please bring the following items in a backpack or small duffel bag:

- Sweatshirt
- Windbreaker
- Swimsuit (Monday and Tuesday)
- Bandanna
- Insect repellent
- Hat
- Full water bottle (non-leaking)
- Quick-drying clothing (Monday)

Please bring the following items in a duffel bag to the overnight trip on Wednesday night. (Space is limited, so please pack light and tight):

- T-shirt and shorts
- Flashlight and extra batteries
- Toiletries in a zip lock bag
- A small towel
- A foam ground pad
- Light sleeping bag or blanket
- Rain gear
- Spoon, fork, cup and bowl
- 1 trash bag
- Comfortable walking shoes
- A light jacket or sweatshirt
- 1 large zip lock bags
- 1 large trash bag

### Important Forms:

- **Participant Information Form**

You **MUST** bring this form, completed and signed, with you on the first day of camp. Without this form, we cannot accept your child at camp. Please note somewhere on the Camp Participant Information Form your child's swimming ability. Please notify the Camp Director in writing of any allergies or health concerns pertinent to your child's camp experience.

- **Medication Order Form**

Sending medication to camp is highly discouraged. But, if it is necessary for medication to be administered during the operation of the camp, a Medication Order Form must be filled out and signed by the parent. Forms are available on the Department's website: [www.hcrpsports.com](http://www.hcrpsports.com) or can be obtained at camp on the first day. A separate form is required for each medication. All medications must be in the original container with the medication name, physician's name, dosage and expiration date.

### Directions:

**Centennial Park South, Overflow Parking Lot** - Take Route 29 to Route 108 West. Follow Route 108 past the entrances to Centennial Park East to the stoplight across from Ten Mills Road. Turn right into the park. Once in the park, make the first left into the overflow parking lot.

### Inclement Weather:

The camp will meet rain or shine. For severe weather program changes, information will be available one hour prior to the camp start time on the Department's program status line, 410-313-4451. The recorded message will reflect any change to the drop off location or time changes for the camp. If the weather is severe, we will arrange for indoor activities. If there is a threat of lightning, we will take cover in a shelter.

**Tentative Camp Schedule:**

***Please note: this schedule is subject to change!***

- Monday:** Orientation / Initiative games / Canoeing on Centennial Lake / Swimming at the Roger Carter Recreation Center
- Tuesday:** Tubing on Antietam Creek or Potomac River
- Wednesday:** High & Low Element Ropes Course / Camp at Little Bennett Regional Park in Montgomery County
- Thursday:** Rock Climbing at Sugarloaf Mountain

**For More Information:**

**Dawn Thomas**

Outdoor Recreation Manager

410-313-4623

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**Stephanie Haas**

Outdoor Recreation Coordinator

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